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### MESSAGE FROM THE DESK OF EDITOR IN CHIEF

The Chief Editor and Editors of the advanced research journal of Management, Engineering, Law, Paramedical Science, Nursing, Basic Science, Education, Physical Education and Yoga, Special Education, Clinical psychology and Liberal Arts i.e. IUT Journal of Advanced Research and Development (JARD) would take it as their duty to express the deep gratefulness to the contributors and readers of current volume.

We feel proud to bring the present issue of the online IUT Journal of Advanced Research and Development. We consider that the contribution in this multidisciplinary will help in the inclusive and sustainable growth process. Keeping in tune with this dignified idea, the current issue of IUT-JARD has addressed some current issues covering diversified field.

This issue needs an integrative and a holistic approach to the solution. Finally, the information contains in this journal volume has been published by the IUT obtains by its authors from various sources believed to be reliable and correct to the best of their knowledge, and publisher is not responsible for any kind of plagiarism and opinion related issues.



Prof.(Dr.) Dhananjoy Datta

Dean - Research &
Development,
The ICFAI University, Tripura,
India.

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### **Investigating Student Anxiety at ICFAI University: An Analytical Approach**

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### **ABSTRACT**

The study was conducted to analyze the anxiety of ICFAI University students. Total ninety (N=90) respondents were selected as a sample for this study. Thirty (30) respondents were collected purposively from three different streams (Management, Science and Education). To measure the selected variables, the standard questionnaire STAI was used and the reliability coefficient of STAI was 0.86. (Spielberger, 1966). The present study was hypothesized that there would be no significance difference of anxiety on the students of ICFAI University. To critical analysis the data, descriptive statistics and to find out the significant difference the ANOVA were used. The result shown, there was no significance difference among the groups as F-ratio of trait anxiety and state anxietywas 0.51 and 0.85 which was smaller than the critical value. It was clear from the findings that the Anxiety levels of each different stream students of ICFAI University, Tripura were same.

**Keywords:** Anxiety, Trait and State

### INTRODUCTION

Anxiety is a uniquely common place experience that everyone experiences from time to time. It is an emotional state, represented by a feeling of dread, apprehension, or fear. Anxiety is bydefinition an unpleasant sensation. Weinberg & Gould (1995) have offered the following definition of anxiety. Anxiety is a negative emotional state with feelings often seness, agonize and uneasiness of an individual. Anxiety indications may be bone pains, being tired, headache, nervous, poor sleeping, forgetting, hesitations, hypochondriacs etc (M L Kamlesh, 2011). Avariety of type-tags



have been given to anxiety such as Trait Anxiety, state anxiety, manifest anxiety, chronic anxiety, specific anxiety,etc. Spielberger (1966) was the first anxiety theorist to distinguish between anxiety as a state and anxiety as trait. State anxiety is situational stress induced by situations in the game. The study will be significant in analyzing the Anxiety level of different stream as Management, Science and Education students of ICFAI University.

### **OBJECTIVE**

The objective of the study was to evaluate the State and Trait anxiety of the students on different stream of ICFAI University.

### **METHOD**

Selection of Subjects

For the purpose of the study Ninety (N=90) students were selected. The subjects belong to three different streams of ICFAI University, Tripura. Thirty (30) subjects from each stream were selected purposively.

### ADMINISTRATION OF QUESTIONNAIRE AND COLLECTION OF DATA

To measure the selection variables, the standard questionnaire (State Trait Anxiety Inventory) was used. The reliability coefficient of STAI was 0.86 (Spielberger 1966). The purpose of the study was to compare the Anxiety level of students belonging from different stream ICFAIUniversity. Before filled the questionnaire, the researcher had given proper instruction.

The researcher had also provided all the necessary items or materials in order to fulfill the questionnaire by the students.

### STATISTICAL TECHNIQUE FOR ANALYSIS DATA

For the purpose of the study was to check the anxiety level of students of ICFAI University, descriptive statistics of mean, SD and ANOVA was used. The level of significance was set at 0.05.

### RESULT

After collection of the data statistical analysis were used.

Table-1:Mean and SD of the data

Anxiety	Stream	N	Mean	SD	Minimum	Maximum
	Management	30	49.60	5.04	46	65
Trait	Science	30	50.20	3.58	45	57
	Education	30	50.84	4.17	47	68



	Management	30	50.12	5.43	45	64
State	Science	30	50.52	4.29	41	60
	Education	30	51.76	3.99	47	67

Table showed that in Trait Anxiety, the mean and SD of Management, Science and Education students were  $49.60\pm5.04$ ,  $50.2\pm3.58$  and  $50.84\pm4.17$ . Again in state anxiety the mean and SD were  $50.12\pm5.43$ ,  $50.52\pm4.29$  and  $51.76\pm3.9$ .

Table-2: One way ANOVA of Trait Anxiety

Sourceof Variation	SS	df	MS	F	P-value	Fcrit
BetweenGroups	19.22	2	9.61	0.51	0.59	3.12
WithinGroups	1337.36	72	18.57			
Total	1356.58	74				

Table-2 reveals that F-ratio of trait anxiety was 0.51 which was smaller than the critical value of 3.12.

Table-3: One way ANOVA of State Anxiety

Sourceof Variation	SS	df	MS	F	P-value	Fcrit
BetweenGroups	36.56	2	18.28	0.85	0.42	3.12
WithinGroups	1533.44	72	21.29			
Total	1570	74				

Table-3 reveals that F-ratio of trait anxiety and state anxiety was 0.85 which was smaller than the critical value of 3.12.

### **FINDINGS:**

Result of the study indicated that there was no significance difference on Anxiety among the different stream as Management, Science and Education students of ICFAI University. Miss Rubi Dutta and Dr. K.P. Gogoi (2015) conducted a study on Impact of Educational Anxiety on Academic Achievement. In this study they found that there was not much distinction between two students group of male and female or urban and rural in terms of their Educational Anxiety on Academic Achievement. The finding may be endorsed to the reality that the anxiety refers to the state of agitation and disturbance. It has been observed that generally those who have an academically dazzling career and are of aggressive nature in academic have a same level of anxiety for their conscious work, and the main reason they have to achieve and want to excel in their perspective field and their competitive nature might have increased the source of Anxiety.



### **CONCLUSION**

It is apparent from the findings that the Anxiety level of three stream like Management, Science and Education students of ICFAI University has comparatively same in findings. Based on the findings researcher concluded that there was no any difference of Anxiety among the students of three stream in ICFAI University.

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### ABOUT THE UNIVERSITY

The ICFAI University, Tripura was established in 2004 through an Act of State Legislature. The University has been approved by the University Grants Commission, under Section 2(f) of the UGC Act, 1956.ICFAI University Tripura is a multidisciplinary University offering 50+ different programs.

# **ACCREDITATIONS**



- University Grants Commission (UGC)
- National Assessment and Accreditation Council (NAAC)
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- National Council for Teacher Education (NCTE)
- 🧶 Distance Education Bureau (DEB)
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- Tripura Nursing Council (TNC)
- Indian Nursing Council (INC)
- MSME(HI/BI), Govt of India has recognised as Host Institute to Support for Entrepreneurial and Managerial Development of MSMEs through Business Incubators
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- Oracle Academy bearing ID No.: 23681394
- Indo-Australian Chamber of Commerce
- VMware IT Academy





- Ranked 1st among the Top Engineering Colleges of Excellence (State wise rank, Govt. & Pvt) by CSR GHRDC-Engineering Ranking 2022.
- ICFAI University Tripura is ranked 32 by India Today-MDRA Best Universities Survey 2020
- Ranked 27 in the Top 100 Engineering College ranking survey 2020 and ranked 3rd in the Top 10 Engineering colleges 2020 region wise ranking announced by Silicon India.
- Department of Chemistry of ICFAI University Tripura Nature Index ranked is 82nd in India as on 25th April, 2020.
- Established 'Institute Innovation Council (IIC) as per norms of Innovation Cell, Ministry of MHRD, Govt. of India
- Registered with NGO Darpan, Niti Ayog, Govt. Of India
- Certified by ISO 9001: 2015
- Best Universities & Colleges 2018-19 awarded to ICFAI University Tripura in the special category by Rubber Skill Development Council (RSDC).
- ICFAI University Tripura certified by Directorate of Social Welfare & Social Education.
- ICFAI Univesity Tripura got AAA rating in Northeast India by Careers360 Magazine-India's Best Engineering Colleges 2020
- ICFAI Law School got AA+ rating by Careers 360 Magazine among India's (East Zone) best law Colleges 2021
- ICFAI University Tripura is recognized in the band "BEGINNER" under the category "University & Deemed to be university(Private/Self Financed)(Technical)" in ARIIA 2021





### **SCIENCE AND TECHNOLOGY**

- B.Tech (CE, ME, ECE, EE, CSE)
- B.Tech (Lateral Entry)
- · BCA
- Integrated MCA
- MCA
- · M.Tech CSE
- · M.Tech Structural Engineering
- · M.Tech Water Resource

### **BASIC SCIENCE**

- · B.Sc. (Hons) Physics
- · B.Sc. (Hons) Chemistry
- · B.Sc. (Hons) Mathematics
- · M.Sc. Physics
- · M.Sc. Chemistry
- · M.Sc. Mathematics

### **EDUCATION**

- · B.Ed
- M.A (Education)
- M.Ed

### LIBERAL ARTS

- B.A-English (Hons.)
- B.A-psychology (Hons.)
- B.Sc.- Psychology (Hons.)
- M.A-(English)
- M.A-psychology

### **ALLIED HEALTH SCIENCES**

- · B.Sc. in Emergency Medical Technology
- · B.Sc. in Cardiac Care Technology
- · B.Sc. in Dialysis Therapy Technology
- Bachelor in Health Information Management
- B.Sc. in Medical Laboratory Technology (BMLT)
- B.Sc. in Medical Laboratory Technology (BMLT) (Lateral Entry)
- Master in Medical Laboratory Technology (MMLT)









### **MANAGEMENT & COMMERCE**

- · BBA
- · B.Com (Hons.)
- MBA
- · M.Com

### LAW

- · BA-LLB (Hons.)
- · BBA-LLB (Hons.)
- · LL.B
- · LL.M (2 Years)

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- · B.Ed Spl. Ed (ID)
- · D.Ed.Spl. Ed (ID)
- · M.Ed Spl. Ed (ID)
- Integrated B.A B.Ed Spl. Ed (ID)
- Integrated B.Com B.Ed Spl. Ed (ID)
- Integrated B.Sc B.Ed Spl. Ed (ID)

### **NURSING**

GNM

### LIBRARY AND INFORMATION SCIENCES

- · B.Lib.I.Sc
- · M.Lib.I.Sc- Integrated
- · M.Lib.I.Sc

### PHYSICAL EDUCATION

- · B.P.Ed
- · D.P.Ed
- · B.P.E.S
- B.P.E.S (Lateral Entry)
- M.P.E.S

### **YOGA & NATUROPATHY**

 Post Graduate Diploma in Yoga Therapy

### **CLINICAL PSYCHOLOGY**

M.Phil in Clinical Psychology









### Programs Offered at ICFAI University Tripura

### Science and Technology

Program	Duration	Eligibility	Career Prospects Employment Opportunities
B. Tech ( CE, CSE, ECE, ME, EE )	4 Years	Pass in 10 + 2 (Phy/Chem/Math) with minimum 45%, (40 % in case of SC/ST/ OBC)aggregate marks	IT,ITEs, Manufacturing, Companies, Corporates, Telecom, Banks, Govt. Services
B. Tech - Lateral Entry ( CE, CSE, ECE, ME, EE )	3 Years	Pass in 3 - year diploma course with minimum 45 % (40 % in case of SC/ ST/ OBC) aggregate marks	IT,ITEs, Manufacturing, Companies, Corporates, Telecom, Banks, Govt. Services
BCA	3 Years	Pass in 10 + 2 ( any Discipline) examination	IT,ITEs, Corporates, Banks,Govt. Services, NGO's.
Integrated MCA	5 Years	Pass in 10 + 2 ( any Discipline) examination	IT,ITEs, Corporates, Banks,Govt. Services, NGO's.
MCA	2 Years	Graduation in any discipline, with 40% and above aggregate marks.	IT,ITEs, Corporates, Banks, Govt. Services, NGO's,Research
M.Tech	2 Years	Valid GATE Scorer with B.Tech /B.E in Civil Engineering or B.Tech /B.E in Civil Engineering with 60% marks	Research, consultant to Pvt. Organization in the field of flood forecasting, flood inundation, flood disaster management, Entrepreneur.

### Basic Science

Program	Duration	Eligibility	Career Prospects Employment Opportunities
B.Sc. Physics (Hons.)	4 Years	Pass in 10 + 2 with 40 % marks in Physics & pass in maths	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate
B.Sc. Chemistry (Hons.)	4 Years	Pass in 10 + 2 with 40 % marks in Chemistry	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate
B.Sc. Mathamatics (Hons.)	4 Years	Pass in 10 + 2 with 40 % marks in Mathematics	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate
M.Sc. Physics	2 Years	Graduate with 45 %(40 % in case of SC/ST/ OBC) marks in Physics	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate
M.Sc. Chemistry	2 Years	Graduate with 40 % marks in Chemistry from a recognized University	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate
M.Sc. Mathematics	2 Years	Graduate with 40 % marks in Mathematics	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate

### Liberal Arts

Program	Duration	Eligibility	Career Prospects Employment Opportunities
BA - English (Hons.)	4 Years	Pass in 10 + 2 (any Discipline) with 40 % marks in English	Jobs in Govt., Teaching in Schools/Educational Administrators/ Corporate, Banks, Telecom, Media, Journalism
MA - English	2 Years	Graduate in any Discipline with minimum 45 % (40% in case of SC/ST/ OBC) aggregate marks	Jobs in Govt., Teaching in Schools/Educational Administrators/ Corporate, Banks, Telecom, Media, Journalism/ Research
B.A - Psychology (Hons)	4 Years	Pass in 10 + 2 (any Discipline) with 50 % (45% in case of SC/ST/ OBC) marks	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate
MA - Psychology	2 Years	Graduate with 45 %(40 % in case of SC/ST/ OBC) marks in Psychology	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate
B.Sc Psychology (Hons)	4 Years	Pass in 10 + 2 (any Discipline, with Economics or Maths as a combination subject) with 50 % (45%in case of SC/ST/OBC) marks	Teaching in Schools/ Colleges/ Educational Administrator/ Corporate

### Law

Program	Duration	Eligibility	Career Prospects Employment Opportunities
BBA-LLB Integrated	5 Years	Pass in 10 + 2 with minimum 45 % (40 % in case of SC/ST, 42% in case of OBC) aggregate marks	Corporates, Banking, Judiciary, Legal Practice, NGO's IPR
BA-LLB Integrated	5 Years	Pass in 10 + 2 with minimum 45 % (40 % in case of SC/ST, 42% in case of OBC) aggregate marks	Corporates, Banking, Judiciary, Legal Practice, NGO's IPR
LLB	3 Years	Graduate in any Discipline with minimum 45 % (40 % in case of SC/ST, 42% in case of OBC) aggregate marks	Corporates, Banking, Judiciary, Legal Practice, NGO's IPR
LLM	2 Years	Graduate with LLB degree (Recognised by BCI)	Corporates, Banking, Judiciary, Legal Practice, NGO's IPR, Research

### Management & Commerce Studies

Program	Duration	Eligibility	Career Prospects Employment Opportunities
B.Com (Hons.)	4 Years	Pass in 10 + 2 examination in commerce or Science with 45% ( 40% in case of ST/ SC/OBC) marks	Banks, Financial Services, Corporates

Program	Duration	Eligibility	Career Prospects Employment Opportunities
BBA	4 Years	Pass in 10 + 2 ( any Discipline) examination with minimum 40% marks	Banks, Financial Services, IT, Insurance, Telecom, Corporates, Consulting Companies.
MBA	2 Years	Graduate in any discipline with minimum 45 % (40 % in case of SC/ST/OBC) aggregate marks	Banks, Financial Services, IT, Insurance, Telecom, Corporates, Consulting Companies, Research
M.Com	2 Years	B.Com with 45%(40% in case of ST/SC/OBC) Marks	Banks, Financial Services, Corporates

### Allied Health Sciences

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Program	Duration	Eligibility	Career Prospects Employment Opportunities
Bsc. in Emergency Medical Technology	4 Years	Pass in 10 + 2 (Science Discipline) with 45% marks in PCB (5% relaxation for SC/ST/OBC Candidates)	Opportunity in Government /Private hospital having ICU/ITU/Critical care unit. Demand in disaster management team for both state/central government, army/navy/airforce. Eligible for Post graduation courses.
Bsc. in Cardiac Care Technology	4 Years	Pass in 10 + 2 (Science Discipline) with 45 %marks in PCB (5% relaxation for SC/ST/OBC Candidates)	Opportunity in Government /Private Hospitals in cardiology department, different cath- labs or diagnostic centers. Eligible for postgraduate courses.
Bsc. in Dialysis Therapy Technology	4 Years	Pass in 10 + 2 (Science Discipline) with 45 % marks in PCB (5% relaxation for SC/ST/OBC Candidates)	Opportunity in Government /Private hospitals, NRHM, NUHM, NGO, clinics/ healthcare setup offering dialysis treatment. Eligible for Post Graduation courses in dialysis.
Bachelor in Health Information Management	4 Years	Pass in 10 + 2 (any Discipline) with 45 % marks (5% relaxation for SC/ST/OBC Candidates)	Opportunity in Government / Private hospitals, diagnostic centers, NRHM/ NUHM, legal firms, Healthcare consultancy . Eligible for Post Graduate course
B.Sc. Medical Lab Technology (BMLT)	4 Years	Pass in 10 + 2 (Science Discipline) with 45% marks in PCB (5% relaxation for SC/ST/OBC Candidates)	Opportunity in Government /Private hospital having ICU/ITU/Critical care unit Demand in disaster management team for both state/centra government, army/navy/airforce. Eligible for Post graduation courses.
B.Sc. Medical Lab Technology (BMLT) (LE)	3 Years	Pass in 3 years diploma with 45% marks in aggregate (5% relaxation for SC/ST/OBC Candidates)	Opportunity in Government /Private hospital having ICU/ITU/Critical care unit, Demand in disaster management team for both state/central government, army/navy/airforce. Eligible for Post graduation courses.
Master in Medical Lab Technology (MMLT)	2 Years	Candidate must have passed degree, e.g. B.Sc. MLT/ B.Sc. Physiology/ Microbiology/ Biotechnology/ Biochemistry or equivalent B.Sc. Biosciences from a recognized University	Opportunity in Government / Private sector, Lab Technician, Medical Lab Incharge, Research and Development Manager (Laboratory), Technical Office etc. Can pursue research or can flourish in academics as well

### Education

Program	Duration	Eligibility	Career Prospects Employment Opportunities
B.Ed.	2 years	Graduate or post graduate in any discipline with minimum 50 % (45 % in case SC/ST/ OBC) aggregate marks	Teaching in Secondary level
MA - Education	2 years	Graduate in any discipline	Teaching in Schools/Educational Administrators/ Research
M.Ed.	2 years	B.Ed. (1/2 years)/ B.EL.ED/B.Sc.B.Ed./B.A B.Ed./ D.EL.Ed. /D.Ed. with a Bachelors degree. 50% marks at all the levels	Teaching in Teacher Education

### Physical Education

Program	Duration	Eligibility	Career Prospects Employment Opportunities
B.P.Ed	2 years	Graduate or post graduate in any discipline with minimum 50 % (45 % in case SC/ST/ OBC) aggregate marks	Jobs in School/ College/ University, Physical Trainer
D.P.Ed	2 years	Pass in 10+2 or equivalent with 50% of marks in any stream	Jobs in School/ College/ Physical Trainer
B.P.ES	3 years	Pass in 10 + 2 examination or equivalent from any recognised education Board/ University	Jobs in School/ College/ University, Physical Trainer
B.P.ES(LE)	1 year	Pass in two years diploma in Physical Education	Jobs in School/ College/ University, Physical Trainer
M.P.ES	2 years	Candidates must have passed with at least 50% marks for Gen/OBC and 45% for SC/ST category. B.P.E.D (4yr. integrated) /B.P.E.D (1yr. or 2yr.)/B.P.E (3yrs.)/ B.sc (Physical Education)/ B.P.E.S (3yrs.)	Jobs in School/ College/ University, Physical Trainer/Sports/ Job in Govt. and Private sector as teacher, instructor, coach etc.

### Yoga & Naturopathy

Program	Duration	Eligibility	Career Prospects Employment Opportunities
Post Graduate Diploma in Yoga Therapy	1 year	Any graduate	Yoga Teacher in Schools, Yoga Therapist/ Yoga Psycologist/ Yoga Inspector in MNC's, Health Club, Yoga Club

### Special Education

Program	Duration	Eligibility	Career Prospects Employment Opportunities
B.Ed.Spl.Ed. (ID)	2 years	Graduate or post graduate in any discipline with minimum 50 % (45% in case SC/ST/ OBC) aggregate marks	Teaching in Secondary level and at special schools
D.Ed.Spl.Edu (ID)	2 years	Pass in 10 + 2 (any Discipline) with minimum 50% (45 % in case SC/ ST/ OBC) aggregate marks.	Special schools, Sarva Siksha Abhiyan/ Resource teacher in General School/ Integrated/ Inclusive setup
M.Ed.Spl.Ed(ID)	2 years	B.Ed. Spl. Ed (ID) / B.Ed. General with D.Ed. Spl. Ed (ID) with 50% marks (RCI).	Professional preparation of teacher educators- engaged in continuous professional development of teachers
Integrated B.A/ B.Com /B.Sc/ B.Ed. Spl.Ed.	4 years	Pass in 10 + 2 with 50% marks	Teaching in Secondary level and at special schools

### Clinical Psychology

Program	Duration	Eligibility	Career Prospects Employment Opportunities
M. Phil in Clinical Psychology	2 years	M.A / M.Sc degree in the Psychology with 55% marks in aggregate, Preferably with special paper in Clinical Psychology .	Qualified professional & extensive inputs & widespread Clinical experience to acquire the necessary skills in the area of Clinical Psychology

### Library And Information Sciences

Program	Duration	Eligibility	Career Prospects Employment Opportunities
B.Lib.I.Sc	1 Year	Graduate in any discipline	School/ College/ University/ district/ State / National Librararies, Bank, Govt. Services, NGO's, Research
M.Lib.I.Sc- Integrated	2 Years	Graduate in any Discipline	School/ College/ University/ district/ State / NationalLibrararies, Bank, Govt. Services, NGO's, Research
M.Lib.I.Sc	1 Year	Graduate with B.Lib.I.Sc	School/ College/ University/ district/ State / NationalLibrararies, Bank, Govt. Services, NGO's, Research

### Nursing Science

Program	Duration	Eligibility	Career Prospects Employment Opportunities
GNM	3 years	10+2 with English and must have obtained a minimum aggregated score of 40% marks for the general candidates for any stream  • 35% SC/St candidates marks required from any stream  • Age should be 17-35 (and for SC/ST 5 years relaxation)  • Boys & Girls both are eligible	Hospitals(Government /Private), NUHM, NRHM, NRLM, Healthcare consultancy firm, Hospitality industry, Medico-legal consultancy firm, Insurance sector (Government/ Private)

### P.hD

Program	Duration	Eligibility	Career Prospects Employment Opportunities
Ph.D	4 years	A two-year postgraduate degree or equivalent from a recognized Institution, with 55% marks or equivalent CGPA in concerned subject. or A regular, full time M.Phil degree from any recognized University	Faculty position, Scientist, Post-doc researcher

D\* = Domicile: Students from North East States (Arunachal Pradesh, Assam, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura). ND\*\*= Non-Domicile: Students from states other than North East states.

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### **ICFAI University Tripura**

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### **Manipur Office**

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