

**Name:** Dr. Satish Kumar  
**Designation:** Assistant Professor & Sports Director.  
**Branch:** Physical Education



**Educational Qualification(s):**

Qualification(s)	University
B.P.E.(Bachelor of Physical Education) (Gold Medalist)	YMCA College of Physical Education, Chennai. (Tamil Nadu Physical Education & Sports University)
B.P.Ed.(Bachelor of Physical Education) (Gold Medalist)	Lovely Professional University
M.P.Ed. (Master of Physical Education) (Gold Medalist)	YMCA College of Physical Education, Chennai. (Tamil Nadu Physical Education & Sports University)
M.Phil. (Master of Philosophy in Physical Education) (Gold Medalist)	YMCA College of Physical Education, Chennai. (Tamil Nadu Physical Education & Sports University)
Ph.D. in (Physical Education)	MATS University, Raipur, Chhattisgarh
Certificate NSNIS in Athletics	SAI, LNCPE, Kerala. (Sports Authority of India, NetajiSubhas National Institute of sports, Patiala)
Qualified Federation State Technical Officials (FSTO) in Athletics	Athletics Federation Of India
UGC – NET (Physical Education)	University Grants Commission (UGC)

**Experience in years:5+ year in Academic:Details:**

Sl. No.	Organization	Position Held	Duration	
			From	To
1.	GD Goenka International School, Raipur, Chhattisgarh	Physical Education Teacher	4-8-2018	30-4-2022
2.	Lovely Professional University, Punjab	Assistant Professor	4-7-2022	16-12-2023
3.	ICFAI University, Tripura	Assistant Professor	8-1-2023	Till Date

**Other Information:**

### **SCOPUS / WEB OF SCIENCE [Indexed]:**

1. Published a paper in NeuroQuantology an SCOPUS indexed Journal with the e-ISSN1303-5150. (PHYSICAL AGILITY OF KHO-KHO AND KABADDI PLAYERS: A COMPARISON STUDY).  
[https://www.neuroquantology.com/media/article\\_pdfs/6659-6662.pdf](https://www.neuroquantology.com/media/article_pdfs/6659-6662.pdf)
2. Published a paper in Nagfani an UGC CARE LISTED Journal with the ISSN-2321-1504NagfaniRNI No.UTTHIN/2010/34408. (THE EFFECTS OF FITNESS TRAINING ON THE KINEMATICAL VARIABLES OF OBESE PEOPLE DURING RUNNING).  
<https://naagfani.com/wp-content/uploads/2024/06/Nagfani-April-June2022-part-A.pdf>
3. Kinematical analysis of pukulkanandepanrobaharahkiri step of tunggal on national pencaksilat women players (Journal of Clinical Otorhinolaryngology, Head, and Neck Surgery- ISSN : 1001-1781, <https://www.lcebyhkzz.cn//article/view/2023/1744.php> )
4. Kinematical analysis of long pass skill of football among women senior national players (Journal of Clinical Otorhinolaryngology, Head, and Neck Surgery- ISSN : 1001-1781, <https://www.lcebyhkzz.cn//article/view/2023/4086.php> )
5. Construction and standardization of scale on instrumental aggression among sports women (Journal of Clinical Otorhinolaryngology, Head, and Neck Surgery- ISSN : 1001-1781, <https://www.lcebyhkzz.cn//article/view/2023/4259.php> )
6. A comparative study on selected psychological variable among national level softball players (Journal of Clinical Otorhinolaryngology, Head, and Neck Surgery- ISSN : 1001-1781, [https://www.lcebyhkzz.cn//article/view/2023/02\\_512.php](https://www.lcebyhkzz.cn//article/view/2023/02_512.php) )
7. A kinematical analysis of anchor phase of national level men and women compound archers (Journal of Clinical Otorhinolaryngology, Head, and Neck Surgery- ISSN : 1001-1781, [https://www.lcebyhkzz.cn//article/view/2023/02\\_2327.php](https://www.lcebyhkzz.cn//article/view/2023/02_2327.php)
8. Biomechanical analysis of walking style of obese with implementation of fitness training (Journal Name: Journal of clinical otorhinolaryngology, head, and neck surgery, ISSN: 1001-1781, Vol: 27 Issue: 02, 2023)  
Link: [https://www.lcebyhkzz.cn//article/view/2023/02\\_2279.php](https://www.lcebyhkzz.cn//article/view/2023/02_2279.php)  
Pdf Link: <https://www.lcebyhkzz.cn/article/view/2023/02/2279.pdf>
9. 2D kinematical analysis of upper extremity of obese during walking with implementation of fitness training (Journal Name: Journal of clinical otorhinolaryngology, head, and neck surgery, ISSN: 1001-1781, Vol: 27 Issue: 02, 2023)  
Link: [https://www.lcebyhkzz.cn//article/view/2023/02\\_2287.php](https://www.lcebyhkzz.cn//article/view/2023/02_2287.php)  
Pdf Link: <https://www.lcebyhkzz.cn/article/view/2023/02/2287.pdf>

### **PUBLICATION IN INTERNATIONAL JOURNALS:**

1. Published a paper in “International Recognition Multidisciplinary Research Journal” in the year 2021. (**Kinematic Analysis Of Technique In High Jump**)

#### **DETAILS OF SEMINAR/WORKSHOP/CONFERENCE**

#### **PRESENTATION IN NATIONAL AND INTERNATIONAL CONFERENCES & SEMINARS**

1. Presented a poster in the “International Conference On “Bridging Innovations in Sports, Education and Nutrition” in 2018 jointly organized by “Avinashilingam Institute for Home Science and Higher Education for Women”, Coimbatore, Tamilnadu. (**Effect Of Nutritional Drink And Nutritional Bar Supplementation On The Muscular Endurance And Cardio Respiratory Endurance Of College Students**)
2. Presented a paper in the “International Conference On “Sports Vision and Mission for Grooming Athletes and Para Athletes for Olympics-2020” in 2018 jointly organized by “Alagappa University”, Karaikudi, Tamilnadu. (**Impact Of German Volume Training On Selected Physical Fitness Variables Of Corporate Men**)
3. Presented a paper in the “National seminar on “A Life Of Wellness, Food Habits and Yoga in Vogue” in the year 2018 sponsored by the Directorate of Collegiate Education, Government of Kerala organized by Government College, Tripunithra, Kerala. (**Impact Of Pilates Training On Selected Health Related Physical Fitness Variables Of Corporate Men**)
4. Presented a paper in the “One Day National Webinar on Yoga for Healthy Living and Wellness” in 2023 organized by “IQAC, Govt. AranyaBharti PG College Baihar, Dist. Balaghat (M.P.)”. (**Effect Of German Volume Training On Selected Physical Fitness Variables Of Corporate Women**)
5. Presented a paper in the “International conference on good health & wellbeing through physical education & sports” in 2023 Jointly organized by “Jointly Organized by: School of Physical Education and Physiotherapy, Lovely Professional University, Punjab”. (**Impact Of Pilates Training On Selected Health Related Physical Fitness Variables Of Corporate Women**)
6. Presented a paper in the “International conference on good health & wellbeing through physical education & sports” in 2023 Jointly organized by “Jointly Organized by: School of

Physical Education and Physiotherapy, Lovely Professional University, Punjab”.( **The Impact of ACL Injuries on Volleyball Players: A Comprehensive Review**)

#### **PARTICIPATION IN NATIONAL AND INTERNATIONAL CONFERENCES / SEMINARS / WORKSHOP-ONLINE MODE**

- i. Participated in “**International Conference on Physical Education 2021**” Organized by IAPES (**International Association of Physical Education and Sports**) Pakistan chapter and sports promotion society on 28<sup>th</sup> November 2021 (**Online Programme**).
- ii. Attended workshop on “**SLR Meta-analysis and Bibliography Research Online Workshop**” organized by the Department of Biochemistry, Shivaji College, University of Delhi (under the aegis of DBT sponsored Star College Scheme) from November 12-16, 2021. (**Online Programme**)
- iii. Participating in the “**International Webinar on A Fairer, Stronger Physical Activity and Sports System for all: Pre and Post COVID-19 Era**” organized by International Association of Physical Education and Sports Incorporated in collaboration with Physical Education Foundation of India on 14<sup>th</sup> November 2021(**Online Programme**).
- iv. Participated in the "**National Conference on Moral Values and Relevance of Swami Vivekanandas Thought in the Present World** " organised by the **Swami Vivekananda Centre for Higher Research and Education**, Alagappa University, Karaikudi on **02-11-2021 (Online Programme)**.
- v. Participated in “**International Webinar on Water An Elixir Necessitated For the Sports Personnel and common People During Pandemic**” conducted by department of physical education New Prince ShriBhavani Arts And Science College, Chennai, Tamil Nadu on 24<sup>th</sup> July 2021(**Online Programme**).
- vi. Participated in the online International conference on “**Managerial Approach in Physical Education And Sports – MAPES 2021**” organized by YMCA College of physical education, Chennai, Tamil Nadu on 24<sup>th</sup> July 2021(**Online Programme**).
- vii. Participated in the National Webinar for Ten Days Multidisciplinary webinar series – “**SIAS ACADEMIC AMALGAM**”- discoursing knowledge realms, (22<sup>nd</sup> to 31<sup>st</sup> May 2021) on the topic “**Pandemic Situation and Coping Through Fitness**” organized by department of physical education and IQAC, SAFI Advanced Study, Kerala. (**Online Programme**).

- viii. Participated in the ICSSR-SRC sponsored Two Days Online **National Workshop** on **“DATA ANALYSIS USING AMOS & E-VIEWS”** organized by Alagappa Institute of Management, **Alagappa University**, Karaikudi during 07th & 08th October, 2021(**Online Programme**).
- ix. Participated in **National Level Webinar** on **“Developing Life Skills for Teachers”** organized by Department of Commerce and Management, **CMCS College**, Nashik in Association with **SavitribaiPhule Pune University** (SPPU), Pune, held on 13<sup>th</sup>& 14<sup>th</sup> October 2021 (**Online Programme**).
- x. Participated in the National live Seminar on **“Mental Fitness & Academic Performance during Pandemic”** held on 14th September 2021 organised by Department of Physical Education and Sports, RV College of Engineering(R), SJB Institute of Technology and SBRR Mahajana First Grade College in association with **University College of Physical Education, Bangalore University** (**Online Programme**).
- xi. Participated in the National live Seminar **“Concepts and Design of Sport Surfaces”** held on 31st August 2021 organised by Department of Physical Education and Sports, RV College of Engineering(R), SJB Institute of Technology and SBRR Mahajana First Grade College in association with Sports Engineering Association, Inida(**Online Programme**).
- xii. Participated in the National webinar on **“Anti-Doping and Sports Sciences”** held on 21st December 2021 organised by Department of Physical Education,**Kalinga University**, Naya Raipur and Physical Education Foundation of India (PEFI) under the aegis of National Anti-Doping Agency (**NADA**) (**Online Programme**).
- xiii. Participated in the online International Workshop on **“Physical Literacy:A Paradigm Shift Required”** held on 21st December 2021 organised by YMCA College of Physical Education, Tamilnadu, India. (**Online Programme**).
- xiv. Participated in theNational Workshop on **“Micro and Macro issues of Research Design in Social Science Research”** held on 7<sup>th</sup> January 2022 Organized by Department of Sociology, Government College of Arts & Science, Aurangabad. (**Online Programme**).
- xv. Participated in theNational Workshop on **“Inclusive Sport and Physical Activities for the Person with Disabilities”** held on 4<sup>th</sup> February 2022 Organized by Department of Physical Education and Sports Sciences, **SRM IST, Kattankulathur, Tamilnadu, India** (**Online Programme**).
- xvi. Participated in the **online five-day international faculty development programme** on **“Recent trends in yoga”** held on 4<sup>th</sup>-8<sup>th</sup> February 2022

Organized by Department of yoga, **DCPE, AMRAVATI, (M.S) (Online Programme).**

- xvii. Participated in the National Webinar on “**Scientific way of Training and Research Methodology in Physical Education and Sports Sciences**” held on 25th February 2022 organized by Department of Physical Education, **Kalinga University, Naya Raipur (C.G). (Online Programme).**
- xviii. Participated in the National Webinar on “**Scientific way of Training and Research Methodology in Physical Education and Sports Sciences**” held on 25th February 2022 organized by Department of Physical Education, **Kalinga University, Naya Raipur (C.G). (Online Programme).**

### **WORKSHOP AND CERTIFICATE COURSE ATTENDED**

- i. Workshop on **Officiating in Athletics** organized by **YMCA College of Physical Education** in 2016.
- ii. Workshop on **Soft Skills 360 degree** organized by **YMCA College of Physical Education** in 2017.
- iii. Workshop on **World Sports Stacking** organized by **YMCA College of Physical Education** in 2016.
- iv. Certificate course in **Sports Therapy** conducted by **YMCA College of Physical Education** in 2013-2014.
- v. Certificate course in **Gym-Instructor** conducted by **YMCA College of Physical Education** in 2013-2014.
- vi. Certificate course in **Soft Skills** conducted by **YMCA College of Physical Education** in 2011-2012.
- vii. Certificate course in **Sports Therapy & Rehabilitation** conducted by **YMCA College of Physical Education** in 2012-2013.

### **AWARDS**

- i **OVERALL BEST SPORTS AND CULTURALS COORDINATOR** of the **UNIVERSITY** in 2023 was given by **LOVELY PROFESSIONAL UNIVERSITY.**

- i. UNIVERSITY RANK HOLDER (GOLD MEDALIST)** in 2018 was given by **TAMILNADU PHYSICAL EDUCATION & SPORTS UNIVERSITY** for standing first in Order of merit in **MPhil** programme.
- iii. BEST STUDENT AWARD** was given by The **YMCA COLLEGE OF PHYSICAL EDUCATION**, Nandanam, Chennai, in 2016-2017.
- iv. UNIVERSITY GOLD MEDALIST** in 2015 was given by **LOVELY PROFESSIONAL UNIVERSITY** for standing first in Order of merit in **BPEd** programme.
- v. H.C. BUCK GOLD MEDAL** was given by **YMCA COLLEGE OF PHYSICAL EDUCATION**, Nandanam, Chennai, in 2014 for Securing Rank 1 in Bachelor of Physical Education (**BPE**). **\*H.C. BUCK, Father of Scientific Physical Education of South Asia.**