

**Name:** Prof. Joydeep Das  
**Designation:** Assistant Professor  
**Branch:** Clinical Psychology



**Educational Qualification(s):**

Qualification(s)	University
B.A	Assam University, Silchar
M.A (Gold Medallist)	Gauhati University, Guwahati
M.Phil in Clinical Psychology	Central Institute of Psychiatry (CIP), Kanke Ranchi
Ph.D in Clinical Psychology (Thesis Submitted)	Central Institute of Psychiatry (CIP), Kanke Ranchi

**Experience in years:**

**Academic:**

Details:

Sl. No.	Organization	Position Held	Duration	
			From	To
1	HMRI	Counselling Officer	2007	2009
2	MIND, India, Guwahati	Faculty + Consultant Counselling Psychologist	2008	2011
3	Gauhati University, Dept of Psychology, Jalukbari, Guwahati	Guest Faculty	2013	2016
4	MIND, India, Guwahati	Consultant Clinical Psychologist	2013	2016
5.	Central Institute of Psychiatry, Kanke, Ranchi.	PhD Scholar in Clinical Psychology + Junior Consultant	2016	2020
6.	Assam Don Bosco University, Guwahati.	Senior Assistant Professor in Psychology	2020	2022
7.	Consultant Clinical	Private Practice +	2020	2023

	Psychologist (Senior)	MIND, India Guwahati		
--	-----------------------	-------------------------	--	--

**Other Information:**

**A) Publication details.**

Published a paper title “Indian Understanding of Positive Psychotherapy” as a Co-author in International Journal of Psychosocial Research, A Peer reviewed Journal. ISSN-2320-6381(UGC approved)

- Published an article title “Mental Health Status of working Women and Non-working Women in Ranchi,” as author in Internal Journal of Research in Engineering, IT and Social Sciences, ISSN 2250-0588, Impact Factor: 6.452, Volume 08, Issue 05, May 2018 (UGC approved)
- Published a review article title “Neurobiology of Language Development: An Update,” as an author in International Journal of Health Sciences & Research (www.ijhsr.org) 256 Vol.9; Issue: 1; January 2019, ISSN: 2249-9571(UGC approved)
- Das, J, Sayeed N, Munda S K “Effectiveness MBCT on the Craving and Psychophysiological Changes in Alcohol Dependent Patients” Parishodh Journal, An ISO: 7021-2008 Certified Journal, ISSN No 2347-6648, Impact Factor: 6.3, Volume-IX, Issue-II, February-2020, Page 2875- 2880 (UGC Care List- Group I.)
- Das, J, Sayeed N, Munda S K “Effectiveness of Mindfulness Based Cognitive Therapy on Anxiety, Depression & Psychological Well-being of Alcohol Dependent Patients” DogoRangsang Research Journal, (2022) Vol 13, Issue-2 No-3 February 2023, ISSN 2347—7180, 9 (UGC Care Group-1, Peer Reviewed, Bi Lingual and Referred Journal)
- Das, J, Munda S. K & Sayeed N “Effectiveness of Mindfulness Based Cognitive Therapy (MBCT) on Locus of Control, Readiness to Change and the Intensity of Craving of Alcohol Dependent Patients- A Case Control Study” Journal of the Asiatic Society of Mumbai, (2022) Vol.: XCVI, No-032023, ISSN )0972—0766, 9 (UGC Care Approved, Peer Reviewed and Referred Journal)

**Chapters in Book (August 2020 to February 2021)**

- “**Stress and Support in Caregivers of Children with Autism**” Edited by Dr. Binay Kumar Bimal, RED’S SHINE PUBLICATION, ISBN: 978-91-987830-0-1, ISBN- 10: 91-987830-0-9, Chapter. No 4, 6 &12, 62/5834, Harplingegrad, Stockholm, Sweden (2021)

#### **B. Details of Seminar/Workshop/Conference.**

- Presented a paper on “A Study of Recognition of Emotion in Facial Expression and Maladaptive Schemas in Patients with Bipolar Depression”, in the 9<sup>th</sup> annual state IPS conference (JASCON-2016) on
- Legal aspects of Mental Health held on 19<sup>th</sup> of September, 2016 at new academic block, CIP, Ranchi.
- Presented a paper on “A Study of Recognition of Emotion in Facial Expression and Maladaptive Schemas in Patients with Bipolar Depression”, in the 36<sup>th</sup> Annual Conference of Eastern Zonal branch of
- IPS (CEZIPS-2012) on child and adolescent mental health held on 8<sup>th</sup>-9<sup>th</sup> of October, 2012 at Central Institute of Psychiatry, Ranchi.
- Presented a paper on “Suicidal Behaviour and its Preventions in School going Children and Adolescents,” in the 14<sup>th</sup> Annual International Conference on School Psychology (InSPA) which was held from 21<sup>st</sup>-23<sup>rd</sup> November, 2014 in Gauhati University 2014.
- Presented a paper on “Effectiveness of Mindfulness Based Cognitive Therapy on Alcohol Dependence Syndrome (ADS)- A Pilot Study” in the National Webinar of Continuing Rehabilitation Education which was held from 17<sup>th</sup> -19<sup>th</sup> August, 2021 at Indian Institute of Health Education & Research, Patna with CRE point 10 points per day.

#### **Resource Person (Webinar)**

- India’s First Online National Level CRE Program (Webinar) on “Understanding ICF: Review of Assessment Tools and Other Health Condition During and After Covid-19 Pandemic” as Resource Person on “The International Classification of Functioning (ICF): An Overview” by Indian Institute of Health Education and Research

(Recognizes by the Govt. of Bihar and Rehabilitation Council of India, New Delhi. (27th – 29th August 2020).

- Participated in the Webinar on “Challenges of Adjustment during and after COVID-19” as a speaker on “Effect of Covid-19 on Psycho-Social Well-Being” Organized by National Service Scheme (NSS), COCA & S, College of Commerce, Arts and Science, Patliputra University, Patna, Bihar (18 th June 2020).
- Participated in the Webinar as a Panelist on “Managing the Inevitable: Psychological Well-Being During and After COVID–19” and Delivered a Lecture on “Effect of COVID-19 on Psycho-Social Well-Being” at Patna Women’s College, Patna University, Patna, Bihar (3 rd& 4th June 2020)
- National Level Continuing Rehabilitation Education (CRE) Program on “Development of Play and Social Skills in Children with Autism Spectrum Disorder” held at Institute of Mind Research & Rehabilitation, New Delhi, in collaboration with NIEPMD, Chennai (Tamilnadu) and CRE Status Accredited by Rehabilitation Council of India, New Delhi. (19th Feb. – 20 th Feb 2021)
- Zonal Level Continuing Rehabilitation Education (CRE) Program on “RPwD Act-2016: Implications to PwD’S” held at S.S. College, Bhopal (M.P.), in collaboration with NIEPMD, Chennai (Tamilnadu) and CRE Status Accredited by Rehabilitation Council of India, New Delhi. (27th Feb. – 28 th Feb 2021).
- District Level Continuing Rehabilitation Education (CRE) Program on “Disability Rights & Status in India: Policy & Program” held at Paras HMRI Hospital, Patna, in collaboration with NIEPMD, Chennai (Tamilnadu) and CRE Status Accredited by Rehabilitation Council of India, New Delhi. (30th March. – 31st March 2021).
- State Level Continuing Rehabilitation Education (CRE) Program on “RPwD Act-2016: Implications to PwD’S” held at Saksham Rehabilitation Education and Research Foundation, Bhadohi (U.P.) in collaboration with NIEPMD, Chennai (Tamilnadu) and CRE Status Accredited by Rehabilitation Council of India, New Delhi. (21st June – 22nd June 2021)
- State Level Continuing Rehabilitation Education (CRE) Program on “Basic Life Support Skills” held at Paras HMRI Hospital, Patna, in collaboration with NIEPMD, Chennai (Tamilnadu) and CRE Status Accredited by Rehabilitation Council of India, New Delhi. (28th June - 30th June 2021).

**C. Professional membership of reputed bodies if any.**

- Rehabilitation Council of India (as a Clinical Psychologist)
- Mental Health Action by People (MAP)