



**Name:** Dr. Samirranjan Adhikari

**Designation:** Professor

**Branch:** Psychology

**Educational Qualification(s):**

Qualification(s)	University
B.Sc. (Hons. in Physics)	University of Calcutta
M.Sc. (Preparatory Course in Applied Psychology)	University of Calcutta
M.Sc. (Applied Psychology)	University of Calcutta
B.Ed.	University of Calcutta
M.Ed.	University of Kalyani
PhD (Applied Psychology)	University of Calcutta

**Experience in years:**

Academic:

Details:

Sl. No.	Organization	Position Held	Duration	
			From	To
1	Talpur Pathsala (Govt. Aided H.S. School), Hooghly, West Bengal	Assistant Teacher	08.04.1985	27.06.2001
2	Union Christian Training College, Berhampore, Murshidabad, West Bengal	Lecturer	28.06.2001	02.09.2002
3	Shimurali Sachinandan College of Education, Nadia, West Bengal	Assistant Professor	03.09.2002	04.01.2016
4	Sidho-Kanho-Birsha University, Purulia, West Bengal	Professor	05.01.2016	31.10.2025
5	ICFAI University Tripura	Professor	01.12.2025	Continuing

**Other Information:**

**a) Publication details:**

1. **The Beauty Contest Model of Development in Education: A Construction or Destruction**, *Samirranjan Adhikari, Malay Halder*, International Journal for Multidisciplinary Research (IJFMR), Vol. (2025).

2. **Heap paradox vis-à-vis environmental psychology and environmental education**  
*Adhikari S.; Swain P.; Gurung, L.* Inclusive Educational Practices and Technologies for Promoting Sustainability, Vol. (2024), pp. 128-149
3. **Reading Mahabharata by A Student of Psychology**, *Samirranjan Adhikari*, Indian Knowledge System, Vol. (2024), pp. 01-28
4. **Let's Try to Ride on AI and Not Allow It to Ride on Us**, *Samirranjan Adhikari*, Learning Beyond Textbooks, Vol. (2024).
5. **Let's Try to Ride On AI and Not Allow It to Ride On Us**, *Samirranjan Adhikari*, Learning Beyond Textbooks, Vol. (2024), pp. 30-41
6. **Indian Journal of Yoga Exercise & Sport Science and Physical Education**, *Somnath Bhattacharya, Dinkar Kumar Dikshit, Samirranjan Adhikari*, Indian Journal of Yoga, Vol. (2024).
7. **A probe into Achievement Motivation, Self-Concept and Academic Life Satisfaction of Male and Female School-Going Adolescents – A Comparative Study**, *Shyamal Mistry, Mita Banerjee, Samirranjan Adhikari*, Educational Administration: Theory and Practice, Vol. (2024).
8. **Learned Helplessness of the faculties of higher education**, *Biswajit Saha, Prodig Karmakar, Samirranjan Adhikari*, International Journal for Multidisciplinary Research (IJFMR), Vol. 6 (2024), pp. 1-6
9. **Reliability and Validity of the Adopted Bengali Versioned Deo-Mohan Achievement Motivation (N-Ach) Scale**, *Shyamal Mistry, Malay Halder, Moumita Karmakar, Santosh Mukherjee, Samirranjan Adhikari*, Journal of Research & Method in Education (IOSR-JRME), Vol. 14 (2024), pp. 19-25
10. **Metamorphosis through Yoga: Transforming Character and Inclination**, *Ratan Pramanick, Moumita Karmakar, Malay Halder, Samirranjan Adhikari*, Indian Journal of Yoga Exercise & Sport Science and Physical Education, Vol. 9 (2024), pp. 59-61
11. **Occupational Stress of the Faculties of Higher Education**, *Biswajit Saha, Prodig Karmakar, Samirranjan Adhikari*, International Journal of Novel Research and Development, Vol. 9 (2024), pp. 195-200
12. **A probe into the job satisfaction of the teacher educators of self-financed B. Ed. Colleges**, *Malay Halder, Moumita Karmakar, Shyamal Mistry, Santosh Mukherjee, Samirranjan Adhikari*, International Journal of Literacy and Education, Vol. 4 (2024), pp. 98-101
13. **The impact of Self-Concept on Achievement Motivation of School-Going Adolescents**, *Shyamal Mistry, Santosh Mukherjee, Samirranjan Adhikari*, Inspa Journal of Applied and School Psychology, Vol. V (2024), pp. 77-90
14. **Reliability and Validity of the Adopted Bengali Versioned Self-Concept Inventory**, *Shyamal Mistry, Malay Halder, Moumita Karmakar, Samirranjan Adhikari*, International Journal for Multidisciplinary Research (IJFMR), Vol. 6 (2024), pp. 1-9
15. **A Probe into the Emotional Intelligence of the School-Going Adolescents**, *Samirranjan Adhikari*, International Journal for Multidisciplinary Research (IJFMR), Vol. 6 (2024), pp. 1-10
16. **Job Satisfaction of the Teacher Educators of Self-Financed B.Ed. Colleges**, *Malay Halder, Moumita Karmakar, Santosh Mukherjee, Samirranjan Adhikari*, International Journal of Creative Research Thoughts (IJCRT), Vol. 12 (2024), pp. b63-b69
17. **A Probe into the Occupational Stress of the Teacher Educators of Self-Financed B.Ed. Colleges**, *Malay Halder, Moumita Karmakar, Shyamal Mistry, Santosh Mukherjee, Samirranjan Adhikari*, International Journal for Multidisciplinary Research (IJFMR), Vol. 6 (2024), pp. 1-11

18. **A Probe into the Sense of Efficacy of the Teachers**, *Sukumar Goswami, Prodip Karmakar, Biswajit Saha, Samirranjan Adhikari*, International Journal for Multidisciplinary Research (IJFMR), Vol. 6 (2024), pp. 1-8
19. **A probe into the academic life-satisfaction of the school-going adolescents**, *Shyamal Mistry, Malay Halder, Moumita Karmakar, Santosh Mukherjee, Samirranjan Adhikari*, International Journal of Social Science and Education Research, Vol. 6 (2024), pp. 43-50
20. **Research Article: Explore the Personality Factors of the Teacher**, *Sukumar Goswami, Prodip Karmakar, Biswajit Saha, Samirranjan Adhikari*, International Journal of Current Research, Vol. 16 (2024), pp. 27006-27010
22. **Role of Physical Activities in Managing Behavioral Consequences of Occupational Stress**, *Malay Halder, Moumita Karmakar, Shyamal Mistry, Samirranjan Adhikari*, Indian Journal of Yoga Exercise & Sport Science and Physical Education, Vol. (2024).
23. **From Learned Helplessness to Learned Optimism to Psychological Capital Via Positive Psychology --- A Journey for Sustainable Development**, *Samirranjan Adhikari, Biswajit Saha, Rupesh Mahato, Sushanta Mahato*, Devaloke, Vol. (2024), pp. 1-13.
24. **Learning Style The Indicator of Good Studentship**, *Somnath Bhattacharya, Moumita Karmakar, Dr. Dinkar Kumar Dikshit, Prof. Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
25. **A Probe into the Intrinsic Motivation of the Female Learners**, *Vivekananda Sen, Shyamal Mistry, Malay Halder, Moumita Karmakar, Dr. Kajal Das, Prof. Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
26. **Self-Efficacy and Teachers' Sense of Efficacy**, *Malay Halder, Moumita Karmakar, Dr. Santosh Mukherjee, Prof. Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
27. **A Probe into the self-concept of the school going Adolescents**, *Shyamal Mistry, Dr. Santosh Mukherjee, Prof. Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
28. **Behavioural Consequences of Perfectionism as well as Sports Perfectionism**, *Moumita Karmakar, Malay Halder, Dr. Santosh Mukherjee, Prof. Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
29. **Anxiety-Trait and State Anxiety**, *Subrata Bhattacharya, Moumita Karmakar, Dr. Kajal Das, Prof. (Dr.) Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
30. **Job Satisfaction and Its Impact on Workplace Behaviour: An Overview**, *Madhab Chandra Gope, Sushanta Mahato, Dr. Kajal Das, Prof. (Dr.) Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
31. **A Probe into Occupational Aspiration of the School Going Adolescents**, *Mamata Gorai, Prodip Karmakar, Biswajit Saha, Prof. (Dr.) Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
32. **Academic Life Satisfaction and Academic Achievement**, *Hirak Ranjan Bera, Malay Halder, Dr. Kajal Das, Prof. (Dr.) Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).
33. **A Probe into the Academic Motivation of the School-going Adolescents of Nadia District**, *Nilratan Shikari, Shyamal Mistry, Kajal Das, Samirranjan Adhikari*, Critical Issues in Contemporary Education, Vol. (2024).

34. **A Probe into The Emotional Intelligence of General Degree College Teachers,** *Samrat Mal, Dr. Kajal Das, Prodip Karmakar, Biswajit Saha, Prof. (Dr.) Samirranjan Adhikari,* Critical Issues in Contemporary Education, Vol. (2024).
35. **A Probe into the Effect of Kasturba Gandhi Balika Vidyalaya (KGBV) Scheme as a Catalyst to Promote Intrinsic Motivation among Female Learners,** *Sudeep Gorain, Prodip Karmakar, Biswajit Saha, Prof. (Dr.) Samirranjan Adhikari,* Critical Issues in Contemporary Education, Vol. (2024).
36. **To Study the Job Satisfaction of the Teacher Educators of Self-Financed B.Ed. Colleges of South 24 Parganas,** *Sandip Ghosh, Dr. Santosh Mukherjee, Prof. (Dr.) Samirranjan Adhikari,* Critical Issues in Contemporary Education, Vol. (2024).
37. **For Healthy Educational Environment Good Physical as well as Mental Health of Teachers,** *Ratan Pramanick, Moumita Karmakar, Malay Halder, Dr. Santosh Mukherjee, Prof. (Dr.) Samirranjan Adhikari,* Critical Issues in Contemporary Education, Vol. (2024).
38. **From Learned Helplessness to Learned Optimism to Psychological Capital via Positive Psychology - A Journey for Sustainable Development,** *Biswajit Saha, Rupesh Mahato, Sushanta Mahato, Samirranjan Adhikari,* Devaloke, Vol. (2024).
39. **Empowerment and Women's Empowerment – A Theoretical Basis,** *Samir Kumar Sen, Prodip Karmakar, Samirranjan Adhikari,* International Journal for Multidisciplinary Research (IJFMR), Vol. (2023).
40. **Effect of Different Facets of Sense of Efficacy on Occupational Stress of the Teacher Educators of Selffinanced B.Ed. Colleges,** *Malay Halder , Mita Banerjee , Samirranjan Adhikari,* Educational Administration: Theory and Practice , Vol.(2023).
41. **Effect of Sports Perfectionism and Personality Factors in Shaping Attitude Towards Physical Education of SchoolGoing Adolescents,** *Moumita Karmakar, Mita Banerjee, Samirranjan Adhikari,* Educational Administration: Theory and Practice, Vol. (2023).
42. **A Probe into the Emotional Intelligence of the General Degree College Teachers,** *Samrat Mal, Kajal Das, Samirranjan Adhikari,* Educational Administration: Theory and Practice, Vol. (2023).
43. **A Probe into The Learning Style of the School-Going Adolescents,** *Somnath Bhattacharya, Mita Banerjee, Samirranjan Adhikari,* Educational Administration: Theory and Practice, Vol. (2023).
44. **To Explore the Job Satisfaction of School Teachers of Purulia District,** *Prodip Karmakar, Biswajit Saha, Samirranjan Adhikari,* IJFMR-International Journal for Multidisciplinary Research, Vol. (2023).
45. **To explore the occupational stress of school teachers of Purulia district,** *Prodip Karmakar, Biswajit Saha, S Char, Samirranjan Adhikari,* International Journal of Creative Research Thoughts (IJCRT), Vol. 11 (2023), pp. d78-d87
46. **Paying Heed to Student Voice to Empower,** *Samir Kumar Sen, Prodip Karmakar, Biswajit Saha, Samirranjan Adhikari,* IJCSPUB-International Journal of Current Scienc (IJCSPUB), Vol. 13 (2023), pp. 227-237
47. **Reliability and Validity of the Adapted Bengali Version of the Multidimensional Student Life Satisfaction Scale,** *Shyamal Mistry, Moumita Karmakar, Samirranjan Adhikari,* Asian Journal of Science and Technology, Vol. 14 (2023), pp. 12650-12656
48. **Teacher Autonomy and Empowerment,** *Samir Kumar Sen, Prodip Karmakar, Biswajit Saha, Samirranjan Adhikari,* International Journal of Novel Research and Development, Vol. 8 (2023), pp. b832-b848

49. **To Explore the Sense of Efficacy of the School Teachers of Purulia District,** *Prodip Karmakar, Biswajit Saha, Samirranjan Adhikari*, International Journal for Multidisciplinary Research (IJFMR), Vol. 5 (2023), pp. 1-7
52. **The Writing Process,** *Prof. Samirranjan Adhikari*, Demystifying Academic Writing for Research, Vol. (2023).
53. **Peace Psychology to Inculcate an Affirmative Social Condition,** *Samirranjan Adhikari*, POETRY TODAY, Vol. (2022), pp. 67
54. **Response bias in decision making: an application of intuitionistic fuzzy targeting decision uncertainties,** *Arnab Kundu, Tripti Bej, Samirranjan Adhikari*, International Journal of Fuzzy Computation and Modelling, Vol. (2022), pp. 16-33
55. **A Probe into Rigidity To Change Among The Students Of Higher Education Coming From The Major Castes And Tribes Of Purulia District,** *Sushanta Mahato, Prodip Karmakar, Sajal Kumar Char, Samirranjan Adhikari*, International Journal Of Engineering Development And Research, Vol. 10 (2022), pp. 84-87
56. **A Descriptive Survey on the Self-Concept of the School-Going Adolescent of Purulia District,** *Sajal Kumar Char, Sushanta Mahato, Prodip Karmakar, Samirranjan Adhikari*, International Journal for Research in Applied Science & Engineering Technology (IJRASET), Vol. 10 (2022), pp. 2164-2167

**b) Details of Seminar/Workshop/Conference:**

Sl. No.	Title of the Paper presented	Title of Conference / Seminar	Organised by	Whether International / National/State/Regional/ University/College level
1	A probe into the experience of purpose in life of prospective general as well as physical education teachers	<b>International</b> Conference on Physical Education and Sports Sciences Held in 28/04/2006 – 30/04/2006	Kasturba Medical College, Manipal,	International
2	A study on attitude survey of the managers having differential managerial success towards the present management training programme	XXII Annual Conference, The Indian Academy of Applied Psychology, held in 02/03/1985 – 03/03/1985	Department of Applied Psychology, University of Calcutta	National

3	Counselling and guidance	XXVI Annual Conference, The Indian Academy of Applied Psychology, held in 25/03/1989 – 27/03/1989	Department of Applied Psychology, University of Calcutta	National
4	A probe into the perfectionistic self-presentation style of M.P.Ed. and B.Ed. students	Physical Education for Health, Culture & Human Resource Development in 21 <sup>st</sup> Century, 29-30 <sup>th</sup> Nov, 2005	The department of Physical Education, University of Kalyani	National
5	Self-talk – a technique of psychological intervention in sporting domain	Physical Education for Health care & Sports Performance, March 25 & 26, 2006	Department of Physical Education, Mugheria Gangadhar Mahavidyalaya on	National
6	Dynamics of the sporting behaviour – a mathematical model	Sportsmedcon, 20/01/2007	The department of Physical Education, University of Kalyani	National

**c) Professional membership of reputed bodies if any.**

- i. Registered Rehabilitation Psychologist (RCI: CRR NO – A20 430)
- ii. Life Member – Operational Research Society of India, Poets Foundation