

The Fit India Week-2024 commenced at The ICFAI University Tripura, in collaboration with the Sports Authority of India (SAI-MYAS), Agartala, Tripura held on 24.12.2024. The inaugural ceremony began with the traditional Lighting of the Lamp, setting an auspicious tone for the event. The ceremony proceeded with a warm Welcome Address delivered by Dr. Laisiram Shila Devi, HoD, Department of Physical Education and Yoga, The ICFAI University, Tripura. Following this, Prof. (Dr.) A. Ranganath, Registrar, The ICFAI University, Tripura and Prof. (Dr.) Subhasish Chatterjee, Dean of Academics Affairs, The ICFAI University, Tripura, delivered their addresses as Special Guests, emphasizing the importance of fitness, well-being, and the integration of physical activity into daily life. The Chief Guest, Prof. (Dr.) Biplab Halder, Hon'ble Vice-Chancellor of The ICFAI University, Tripura, highlighted the significance of the Fit India Movement and its alignment with the university's commitment to fostering a healthy and active lifestyle among students and staff. The inaugural session concluded with a heartfelt Vote of Thanks presented by Dr. Satish Kumar, Director of Sports, who expressed gratitude to all stakeholders, participants, and dignitaries.

























