

Name: Prof. Ranjana Sinha

Designation: Asst.Professor

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Educational Qualification(s):

Qualification(s)	University
Master in Physical Education	Tripura University 2012-14
P.G. Diploma in Yoga Education	Kaivalyadhama, Pune; Maharashtra 2014-15

Experience in years:

Academic:

Details:

Sl. No.	Organization	Position Held	Duration	
			From	To
1	JNV	Yoga Teacher	3 rd August 2015	5 th November 2015
2	Kaivalyadhama Yoga Institute Pune, Maharashtra; Lonavla	Yoga Teacher	1 st January 2016	1 st October 2016
3	Holistic Yoga Guru	Yoga Teacher	1 st June 2015	1 st August 2015

Other Information:

a) Publication details.

b) Details of Seminar/Workshop/Conference.

Seminar: National Seminar on New Challenges of Physical Education October 29 to 31, 2015 at Manipur University Dept. of Physical Education and Sports Science (NAPESS). ISSN: 2229-7049. **Topic:** "Attitude of government school Headmaster's towards Yoga in Tripura State".

Workshop: 3 days Yoga workshop. On this occasion one Rhythmic Yoga Demonstration was given by Mr. Shambhu Chakraborty, which was followed by a short Speech on Yoga by Dr.Ashim Bose (Principal of B.P.Ed.IUT). Yoga Practice session was then conducted by Prof.Ranjana Sinha (HOD of Dept. of Yogic Science) with the support of all faculties of Yogic Science & PGDY Students from 18th - 20th June from 4:30pm to 5:30pm at laboratory in ICFAI University ,Tripura campus.

